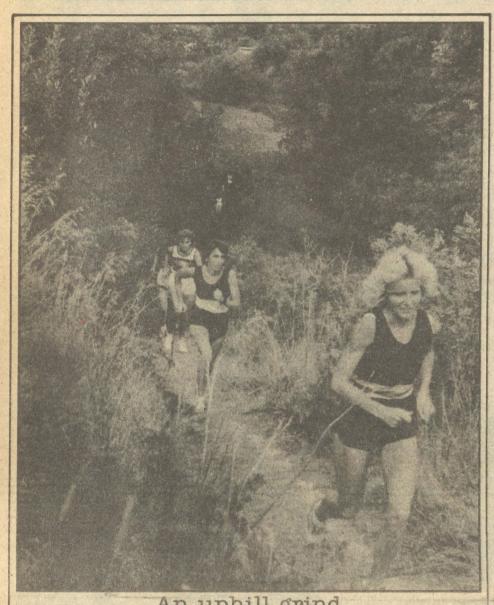
Dance troupe selections. See pages 2-3.



An uphill grind Lady Mav cross-country runner Tammy Bemis, second from right, follows an unidentified runner up a grueling leg of the Midland Invitational course at Fremont's Valley View Country Club. The UNO women will be on the road again this weekend. For the story, see page 11.

# Computer skills proposed as graduation requirement

By JUDY HARTLIEB

UNO students may be required to demonstrate basic computer literacy for graduation, and faculty members also may be expected to display some degree of computer competence.

So reads a proposal from the University Computer Usage Committee, sent to the Council of Academic Deans last week.

Don Norris, committee chairman, cited the increasing use of computers throughout society and the subsequent need for UNO students to be skilled in computer use for jobs.

Many high schools use computers as teaching tools, Norris said, "Yet many students on this campus have less hands-on computer experience than those in high school. We have to get ahead of that freight train or be run over by

Norris, senior research associate at the Center for Applied Urban Research, said the computer-literacy plan is part of a larger five-year plan for computer usage, mandated by a 1982 executive memorandum from NU President Ronald Roskens.

In addition to computer literacy, the fiveyear plan addresses issues such as equipment purchase, personnel increases, microcomputer use, and training of students, staff and faculty, according to Frank Hartranft, UNO coordinator of academic computing.

Norris said each college has the freedom to determine what computer literacy means for its students and faculty, and to determine what, if any, graduation requirements will be added to a student's curriculum. One college's final policy may differ from another's due to the objectives and purposes of each college and the skills required for mastery of certain fields.

The proposed literacy policies state, in part, that students and faculty shall "know and understand the ... function, applications, capabilities, limitations and social implications of

computers and related technology."

Students will be able to use computers as aids in learning, solving problems and managing information, according to the proposal.

Faculty will not be subject to the same computer literacy requirements which might apply to students, Norris said, because that would constitute an infringement on academic freedom. Rather, the proposed policy states that faculty will be "encouraged and supported" in their efforts to "be able efficiently and effectively to use computerized models and packages (e.g., statistics, linear programming, simulations, program languages) related to the faculty member's discipline.'

Charles Downey, vice chairman of the Computer Usage Committee and chairman of the math and computer science department, does not envision adding new computer-science courses to implement the computer-literacy policy, according to Norris.

Instead of taking a specific computer science course, Norris said, it may be decided that some students will learn only those skills deemed necessary by their colleges.

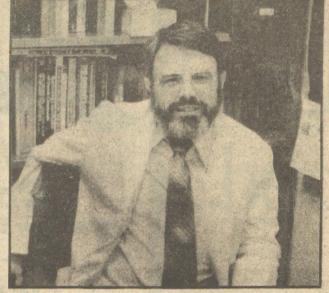
Norris said UNO deans will discuss the computer-literacy policies with department heads from their respective colleges and will report back to the Computer Usage Committee at the end of 1984. Committee members include students, faculty and administrators.

Norris said the addition of a second VAX 11/ 780 computer at UNO makes it feasible for the first time to seriously consider computer literacy policies, but he added that more computer facilities still are needed to fully implement such a plan.

Norris said his committee hopes for action on its proposals during the 1984-85 school year. Incoming students may be affected by the proposal as early as 1986 or 1987, he added.



Glogowski





Hewins-Maroney

## Have a complaint? Ombudsman's committee can help

Since the full-time ombudsman was eliminated at UNO in July 1983, a three-member committee has fielded student and faculty

Ombudsman responsibilities are now shared by Mary Glogowski, Manager of Employee Programs in the personnel department, Barbara Hewins-Maroney, coordinator of Special Programs, and James Wood, a chemistry professor. All three were retained to serve on the committee for the 1984-85 school

All said they are satisfied with the 3-person system, but added they are unsure why the ombudsman caseload has decreased. Former ombudsman Polly Nimmer handled nearly 1,000 inquiries during her last semester at UNO. In a nine-month period last year, the three committee members dealt with a total of approximately 100 cases.

Referring to the decline in complaints, Wood said, "We need more publicity. Several students I have dealt with said they had no idea the office was there, let alone that there were three of

Hewins-Maroney said she believes getting the word out to students through the Orientation Program and other campus organizations may bring more students to their offices in the

All three agreed the new system offers the same quality of mediation that students received in the past. Glogowski said the caseload of inquiries does not really necessitate a full-time budget or secretary. "I feel the choice of three (committee members) adds more options to it," she added.

Case selection is based on a first-come, first-served basis. When a conflict arises, the person is referred to an ombudsman outside his or her department. Hewins-Maroney and Glogowski's office's are both located in the Eppley Administration Building. They said this produces a great deal of communication and team work between them.

All names and case descriptions are kept confidential, unless needed to resolve the dispute. "Most of our cases are still students having problems with the bureaucracy concerning classroom situations," Glogowski said.

Hewins-Maroney said she has investigated some claims that came before her. She said she once used students to re-enact a situation that developed between an administrator and student. She said after reaching the same conclusion as Glogowski and Wood, she was able to change the procedure that triggered the

Typical of the cases is one involving a UNO junior last spring. The student, who asked to remain anonymous, said he failed to take a diagnostic exam that was a prerequisite for a course. Approximately six weeks into the course, he received a notice informing him that he was disenrolled from the course. The student said he had a high grade in the course and had been given a class card from a department faculty member during registration.

The ombudsman made some phone calls and inquiries into the situation, according to the student. He said he was put in touch with the department chairperson, and, through negotiations, was able to resolve the conflict.

Wood said he is occasionally unable to respond immediately to a students complaint because of research or teaching obligations. He said this is the most frustrating situation he has encountered as an ombudsman.

"My overall reaction is that I am pleased with the University's handling of the situation," Wood said. "They have acted promptly to rectify the problems that have arisen. The majority of people I have dealt with agreed that they received the appropriate attention, if not the right answer to their problem."

# Dance audition requires classical and modern styles

UNO dance instructor Vera Lundahl walked to the front of Room 231 of the HPER building at 4 p.m. last Sunday. Forty-nine men and women clad in dance apparel were sitting, standing and stretching in the softly lit dance lab. Lundahl's message was simple and direct.

'Work as hard as you can. Please don't give up. If you're having trouble with a combination. please don't leave the floor, you're here for a class, and we expect you to stay," she said. And the audition for UNO's dance troupe, the Moving Company, began.

Dancer/choreographer Peter Hixson directed the audition, which was conducted in a class format. Two hours later, the audition was over. Of the 49 participants, 23 were chosen to form the Moving Company.

Judges for the competition were Moving Company alumni Sally Ware and Shirley Taylor, and UNO dance instructors Josie Metal-Corbin and Lundahl. Throughout the audition they moved along the periphery of the dance floor, observing. What qualities did the judges look for in the dancers?

"Grace, flexibility, coordination and technique," Lundahl said. She described technique as the dancer's general body movement and carriage. Metal-Corbin said she watched for grace and the dancers' "ability to pick up the combinations (series of movements.)'

Hixson's choice of movements and choreography for the audition were "pretty classically-oriented, using a combination of ballet and modern dance," he said. He chose the mix because "if the movement is too free-form, it's hard to judge what the capabilities of the dancers are. I also try to hit pretty heavily on

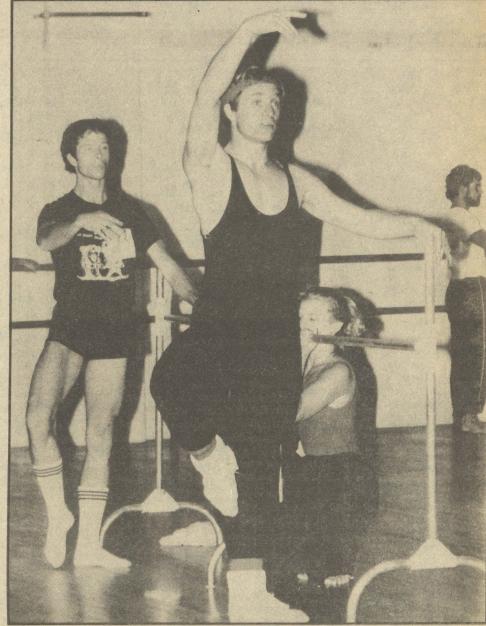
His first objective was to "make sure everyone was pretty well warmed up. Many of them don't dance regularly and don't understand that they have to go full-out because they're competing," he said. The dancers spent the first 20 minutes of the audition doing stretching exercises on the floor.

Hixson's other objective was to make the movements difficult enough to screen out many of the participants. "When I went into it, I knew that 10 of the dancers could do everything quickly, and could do it well. I knew another five or 10 would pick it up, maybe not as quickly as the first group, but most of it.'

Seventeen of the dancers chosen were members of last year's Moving Company. Hixson has served as the group's instructor for the past three years. Members are required to attend a weekly class and will perform at UNO during the spring semester.

When Lundahl announced the names of the new members, she said everyone had performed well. She added that those not chosen were probably trained in aspects of dance that did not emphasize the company's modern tech-

The members of the 1984-85 Moving Company are: Joan Patrick, Becky deGraw, Mary Arnold, Susan Hendricks, Kay Auxier, Malou Macapinlac, Bob Denholm, Gregg Learned, Vicki Baines, Rick Matsunami, Katherine Urban, Frank Fong, Lauren Kotulak, Jacquie Goodwin, Patty Mangiameli, Becky Flora, Taffy Wrighton, Tom Skradski, Sohel Sachak, Suzanne Armatis, Lydia Goldsmith, Stormy Newman, and Wendy Keyes. Three company apprentices were also chosen to attend weekly classes with the group and audition again early next year. They are Alicia Conner, Paula Foote and Craig Miller.



Like this . . Peter Hixson, foreground, demonstrates one of the movements required in the

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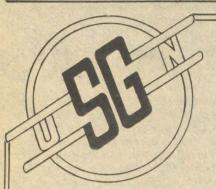
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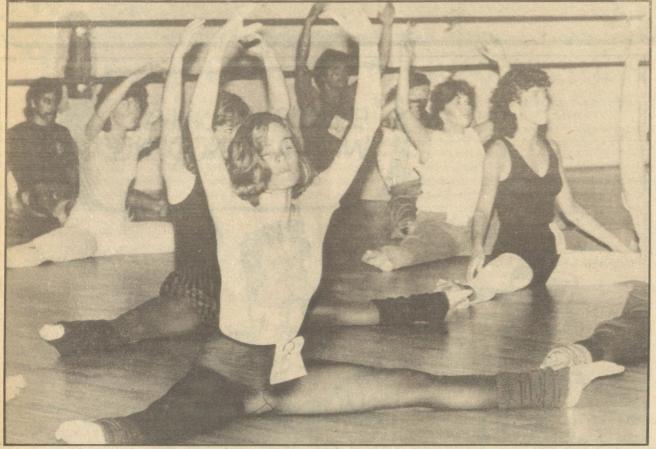
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PLEASE NOTE: Those students that have had a UPFF refund will not be able to use this service.

Director: Dr. Frank Forbes





Warming up . . . auditioners spent the first 20 minutes of the tryout preparing for their dance routines.

# Males balance dance company

If the Moving Company is off-balance at all, it's only in its ratio of men to women. This year's 23-member troupe includes six men.

"We like to have men in the company," said UNO dance instructor Vera Lundahl. "They move differently than women and make it exciting." Although the Moving Company boasts more men than some local dance companies, Lundahl said the reason for fewer men is most don't have the dance background of their female counterparts. Several of the men chosen have gymnastics backgrounds, which Lundahl said "is wonderful training for dance.'

This will be Gregg Learned's first year with the Moving Company. He has a strong gymnastics background and coaches the sport at several Omaha schools. But Learned said being an athlete is not enough. "Modern dance does take training," he said. "And athlete doesn't have the form or the style. You really have

Although he began receiving instruction in modern dance four years ago, Learned said it took almost two years before he felt comfortable dancing. "A lot of it is mental," he said, "and it is possible to try too hard. It requires concentration and control, but there has to be a certain amount of freedom in the move-

Learned said he auditioned for this year's troupe because, "I'm in better shape now as far as flexibility and muscle tone go. It's a challenge. It's beautiful.'



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# Comment

## Back to the days...

Omaha has its share of famous visitors. Some, like Henry Fonda, did call our town home. Others merely pass through in the course of their careers. Either way, I've never been too worked-up over any of the celebrity types. Until now that is.

Beginning Wednesday, for one week Omaha began playing host at various libraries, to Winnie-the-Pooh.

Pooh, for those of you who skipped childhood, was the creation of A.A. Milne. Patterned after his son's (Christopher Robin) stuffed bear, Edward T. Bear, Milne wrote stories about Pooh and his friends, Kanga, Roo, Tigger, Piglet and Eeyore among

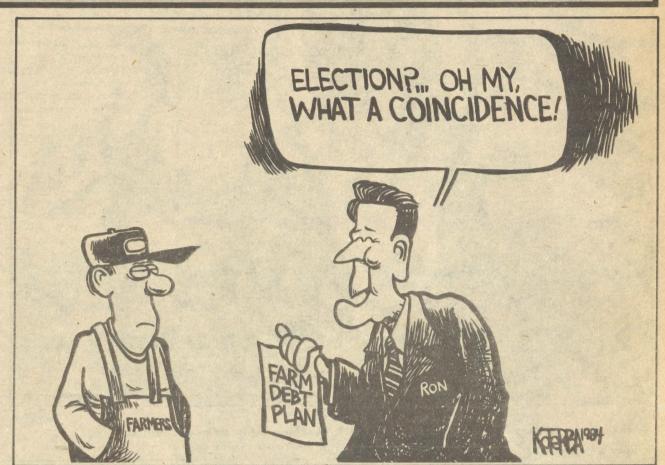
Pooh has delighted millions of children and adults alike with his simple ways and pleasant meanderings. I was introduced to Pooh at the rather late age of 16. My brother Mike, five-yearsolder than I, brought home a full-color edition of the Pooh sto-

I was hooked. My mother thought we were both nuts. What better way to spend a summer evening then musing over the approximate likeness of the elusive heffalump or a woozle? To me, Pooh represents an easier, less demanding time of fancy, whimsy and gentility.

The sort of tasks which occupied Pooh were never serious. Searching for honey (his prime directive), composing "a hum" for Eeyore or just wandering about the Three-Acre Wood were enough for Pooh.

It's so simple and yet so hard to explain. One exchange between Pooh and his master, Christopher Robin, shortly before Chris must begin school, illustrates that simple state of mind.

"Pooh," said Christopher Robin. "Yes", said Pooh. "I'm not going to do nothing anymore." "Never again?" "Well not so much they don't let you." —KEVIN COLE





### Neurotica By Karen Nelson

# Right-wing folkers

TO: Kenny Williams FROM: Karen SUBJECT: Idea for Weekend wire

Kenny, I think I've come across the perfect subjects for next week's wire. Do you remember reading last year about a possible folk song revival? Well, these two guys seem to be on the cutting edge of the new folk movement. Go through the attached article

and let me know if you can use it.

For years, folk music and the blues have been thought of as belonging to the poor, minorities, left-wingers and burnt-out hippies nostalgic for the coffee houses of the early 1960s. Two wealthy Yuppies from California are attempting to bring folk music to what they call "the real people in Reagan Country."

Why should the commie liberals have all the good music?" asked Ramblin' Roderick Winthrop Chesterfield VI. "They're even trying to take country western away from conservatives like us. If we can't keep the rednecks on our side, we're in

Legendary Yuppie blues singer Nearsighted Papaya Montague said it was only a matter of time before the folk-song mainstream caught up with them. "After Reagan became president, people became more interested in the ethnic folkways of the upper class. 'The Official Preppy Handbook' and 'Lifestyles of the Rich and Famous' were the first signs of that interest.

"Ramblin' Roderick and I were sitting around our fraternity house one day wondering how we could cash in on this. Finally, we decided to write songs that would speak to all those lost, alienated conservatives who felt left out during the '60s and 70s. We call our songs 'The Right Music for the Right.'

Nearsighted Papaya removed his bottleneck guitar from its mink-lined case and started turning up. "Muffie - that's my guitar, Muffie - and I are going to do a little song for you that sort of sums up our concerns about what could become of this society. It's called 'Walter Mondale Blues

"I dreamed last night Mondale was president. I dreamed last night Mondale was president. I dreamed all my profits, down the tax hole they went. Better give all my corporate gains to Fritz. Better give all my corporate gains to Fritz. If he keeps taxin' me, I'll be down to a 10-room suite at the Ritz.

Ramblin' Roderick said he was pleased at the response their music has been getting from conservatives everywhere. "I'm trying to get William F. Buckley to sing back-up for me on my next album," he said. "What I'm really excited about, though, is that some of my songs are going to be featured on 'Phyllis Schafly's Workout Tape.' You should see her in a striped leotard and leg warmers. True, neither one of us does any fast songs,

but since it's not ladylike to sweat, it doesn't matter. Ramblin' Roderick sang a ballad called "You Strip Mined My Heart," which he dedicated to Anne Burford, "the girl of my dreams - I'd go out in the woods with her any time, that is, if trees didn't pollute the air so much.

"You floated down to meet me dressed in brown like L.A. smog. You fell at my feet like an endangered species, my mind is in a fog. Your eyes are like two oil slicks, I hope we never have to part. I'll love you 'til the day after, darling, you strip mined my heart

The singers said they are assured of a long career no matter what happens in November. "If Reagan wins a second term, it means the big time for us," said Nearsighted Papaya. "It means Las Vegas, videos on MTV, invitations to the White House, guest slots on Bob Hope specials and the Christian Broadcast Net-

And if Mondale wins? "We'll do what all good folk singers do when things don't turn out the way we want," Ramblin' Roderick said.

they can't take a joke!"

T-shirt of the week: Frank Novak, the creator of the now-infamous "Mutant of Omaha" shirts, was sporting a new top Saturday. The shirt bore a picture of Novak wearing an Indian headdress and the words "Defendant of Omaha - Nuke 'em if

HEY! IS IT GETTING CLOSE ELECTION TIME? LITTLE OVER MONTH, SIR.



#### The Gateway

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Unsigned opinions on this page represent the views of The Gateway editorial staff. Opinions expressed are not necessarily those of the UNO students, faculty, or administration; or those of the

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Letters to the editor must be signed, but those with noms de plume may be accepted. All letters should include appropriate identification, address, and telephone number. (Address and telephone number will not be published.) Letters critical of individuals must be signed by using the first and last name, or initials and last name. Preference is given to typed letters. All correspondence is subject to editing and available space

Letters exceeding two (2) typewritten pages will be considered editorial commentary, and are subject to the above criteria.

Inquiries or complaints should be directed to the editor; advertising inquiries should be directed to the advertising manager. Copies of the Student Publication Committee inquiry policy are available at The Gateway office.

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### Op Ed

# Haitian journalists endure assaults from government

By COLMAN McCARTHY

PORT-AU-PRINCE, Haiti - Journalism, like most trades, has its courageous few for whom the tests never seem to end. Pierre Robert Auguste, 31, is one of them. He is the editor of L'Information, an independent weekly that recently ran stories that the dictatorial regime of President-For-Life Jean-Claude (Baby Doc) Duvalier found offensive. In mid-June, Auguste was arrested. He was questioned by the police and beaten to the point of injury. After 40 hours of detainment, he was released. It was another test. He survived.

The other morning, Auguste, a quick-witted man unafraid to say that a free press is essential to Haiti if it is ever to overcome its poverty and oppression, took another risk. He expressed his views to a visiting three-member delegation of the Committee To Protect Journalists. I was the leader of the group. The committee is New York-based and is supported by a number of major news organizations and foundations.

Journalism in Haiti, by wide agreement, is freer than it was under the state terrorism of Francois (Papa Doc) Duvalier. Since the death of this fiend in 1971, his son has ruled Haiti more temperately. Compared with such violence-filled countries as Chile or Guatemala, Haiti is considerably less bloody. Compared with what the Haitian government could be doing to establish human rights and a free press, it is another outback of despotism.

The courage of Haitian journalists like Pierre Robert Auguste is in keeping sharp their sense of daring, while not being foolhardy. Go too far with a story or column and the government, with a rigged press law, can decide it is "subversive."

Although Auguste was beaten and had his weekly newspaper temporarily closed, he did not have his press license revoked. He was allowed to resume publishing in mid-August. In that issue, he ran a story titled, "Why Haiti's Agriculture Cannot Feed Its Six Millian People." It was factual, balanced and made the point understatedly that the government's food policies are disastrous. A different approach — an outburst at the government - might have provided a rush of personal satisfaction. But Auguste restrained himself. What use is self-importance when it could be self-defeating? "I impose a certain prudence on myself," Auguste said, "without giving up my independence. I just want to disseminate information.

An admirer of Auguste — an older editor, a steeled man who made it through the nightmare years of Papa Doc - said that the handful of independent Haitian journalists learn to become sophisticated in the compromises they must make. "We know the limits in order to survive," he said, "and survival is important. You can say anything. It all depends on how you say it."

Many have said it the wrong way — wrong because of such statutes as the "anti-Communist law" which allows the government to decide when the press is committing "crimes against the state." This law was used in 1980 when five independent newspapers were silenced. Radio stations were closed and a number of journalists jailed or exiled.

Even without these assaults, the news business in Haiti demands a love of writing and a hunger for the truth that many American journalists — well-paid, secure and accustomed to large audiences - might find beyond them. Aside from subsistence-level salaries — starting pay at Le Nouvelliste, one of the best dailies — is about \$150 a month. With Haiti's illiteracy rate between 75 and 80 percent, circulation is next to nothing: 7,500 and 6,000 for the two largest papers, one of which is the government's mouthpiece. In a country the size of Maryland, less than 10 percent of the teenagers are in high school and less than one percent go on to college. An obvious question is on the mind of every independent Haitian journalist: Why write when so few can read?

Perhaps it comes down to such intangibles as personal commitment and private dreams. Auguste surely has both. Several of his friends are under house arrest, so he realizes that at least he is publishing. He knows, too, that around the world since January 1983 more than 150 journalists have been charged with crimes or imprisoned merely for reporting the news.

The Haitian government has nothing to fear from Auguste or any other independent journalists. They are patriots. They put their writing skills at the service of an impoverished people who have seldom known anything but voicelessness. The government is stupid to harass the Haitian press. It covers only the poor. In Haiti, there is no other beat.

°1984, Washington Post Writers Group

#### etters

Dear Editor:

As members of the Honors Program, we would like to address the recent Gateway editorial which referred to the fact that Honors students receive early registration privileges.

The early registration privilege exists to allow Honors students to complete their additional requirements to graduate in the Honors Program, not to be used solely to register early. When one-quarter of one's classes must be in Honors credits,

fulfilling requirements is difficult. These requirements are in addition to one's major and general education requirements. Only those students making adequate progress in the Honors Program are granted early registration privileges.

The Honors Program is an organization for students interested in challenging academic classes. However, the Honors Program Student Organization also provides a viable social at-

Those who feel they are capable of maintaining the standards of the Honors Program (a minimum GPA of 3.5 or an ACT score of +26) are strongly encouraged to apply.

Those who do not maintain these standards are withdrawn from the Program.

Sincerely,

The letter was signed by eight Honors Program students.



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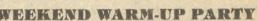
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#### What's Next

Next in the "Brown Bag Series" of political discussions will be "Politics and the Populace," Wednesday, Oct. 3, from noon to 1 p.m. at the PKCC. Bernard Kolasa, associate professor and chairman of the UNO Political Science Department, will speak on how voters can pick the best candidates and the criterion useful in evaluating them. Call 554-2624 for more information.

#### **Ghost Busters**

UNO Campus Recreation presents another in its Children's Programs series. "Ghost Bustin'" will be Saturday, Oct. 27, from noon to 2 p.m. in HPER 200. Call 554-3257 for details.

#### Fall workshops

The UNO Career Development Center is sponsoring workshops during the fall semester for students and non-students interested in enhancing their career potential.

Sessions will meet from 5:30 to 7:30 p.m. on Monday, Oct. 1, 8 and 15. Afternoon sessions will be held from 1 to 3 p.m. on Wednesday, Oct. 10, 17, 24, 31 and Nov. 7. In addition, a third workshop will be offered Monday evenings from 5:30 to 7:30 p.m. Oct. 29, and Nov. 5, 12 and 19.

All workshops are held in room 115 of the Eppley Administration Building. The fee is \$10 for students and \$25 for non-students. For more information call 554-2409.

#### **UNGA Reception**

The University of Nebraska Gerontology Association is beginning the semester with a reception for UNGA members and any interested gerentology students, faculty, professionals and friends. The reception will be held Sunday, Sept. 30, from 2 to 4 p.m. in the Student Center.

Kay Wallick, director of the Eastern Nebraska Office on Aging, will speak on the topic "Aging Services and the Future." Refreshments will be served.

#### **MSO** Movie

The movie spectacular "Lion of the Desert" will be shown Saturday, Oct. 6, in the Eppley Auditorium. The show begins at 2 p.m. and is free. Sponsored by the MSO.

#### **German Society Events**

Everyone is invited to the following events sponsored by the Theta Beta Chapter of Delta Pi Alpha, the national German honorary society.

Friday, Oct. 19, from 8 to 11 a.m. the group will sponsor a German Bake Sale, first floor, east end of Arts and Sciences Hall. Proceeds will go to a scholarship fund. Also that day at noon, two short German films will be shown in room 305 of ASH: "Alexander und das Auto ohne linken Scheinwerfer" (12

minutes) and "Spiele spielen" (10 minutes).

On Friday Nov. 30, at noon in room 305 of ASH, two more films will be shown. "Berliner Skizzenbuch" (14 minutes) and "Wer hat Angst vom kleinen Mann" (18 minues.)

Guests are invited to bring a sack lunch to the noon film showings. For more information, contact Maurice Conner, faculty sponsor, at 554-3621.

#### No Parking

St. Margaret Mary's parking lots will be closed to UNO parking from 4 p.m. on, Tuesdays for weekly masses and prayer services. This applies for an indefinite period of time.

#### Coffee Spot

The UNO Student Programming Organization will present singer/songwriter Jill Holly at its Wednesday, Oct. 3 "Coffee Spot." The show is scheduled from 11 a.m. to 1 p.m. in the MBSC.

Holly, who lives in Minnesota, has been performing for five years, during which time she has appeared with artists such as John Sebastian and John Hammond. She has one album out, "Carefree," and a single, "This Lady Do." She recently won honorable mention in the American Song Festival. She plays piano, as well as six- and 12-string guitars.

Admission is free and complimentary coffee will be available.

# More of the

#### Weekend

# Entertainment



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# Weekend wire . . . Concerts and College Nights

My appreciation for the Omaha group "Digital Sex" was always an up-and-down affair. I admire a local group with enough guts to play its own music. The group has been away from the Omaha music scene awhile, but when around, it always went to extremes to be different. I remember an outdoor concert when the guitar player came on stage wearing a helmet painted to look like a huge eyeball, a sort of cyclops extraordinaire.

The group's songs are in the same kind of vein. Avant-garde rock in Omaha? Some songs I enjoyed, some I couldn't begin to grasp.

The same holds true for a recent release by the group's lead singer, Steve Sheehan. The four-song EP "Recovery" is actually a Digital-Sex affair flying under a Sheehan banner, with Digital Sex members playing the music over Sheehan's lyrics and vocals.

Side one opens with "The Romance Isn't Over," a song that really tries but fails. Sheehan's deadpan vocal style accompanies heavy breathing and lumbering bass lines along with '60s-style tinkling guitar. It's the sort of intro that throws you in way over your head.

Then, in mid-song, after a five-second gap of silence, the song breaks into synthesized-laced, dreamy melody that is truly beautiful. At first listen, it sounds like the beginning of a new song. But then it switches back into the same dreary style as the beginning: heavy breathing, lunky bass.

The second song on side one "Quiet The Longing," is the best of the EP. Credits label this one as the only song actually performed by Digital Sex. Performing on this cut are guitarists John Miller and John Tingle in a nifty collaboration. Derick Higgins lends his distinctive bass style and Greg Tsichlis kicks up the drums.

I really enjoy "Quiet The Longing." It is as good or better than most of what I hear on the radio lately.

Side two begins with "Innocence At Will," a blatant '60s-style dirge. The introduction includes a vocal track that sounds like riders screaming on a roller coaster, along with gongs and gently tapping cymbals.

Adding a nice touch to the song are two bass players. Higgins is listed as playing "restrained bass," while Steve Warsocki plays "snarl bass." The duo combine for a very listenable melody. Sheehan's vocals, however, do not sit well with me.

The final song, "Red Girl," is an ambitious, striving-to-bepoetic tune that has a neat acoustic-guitar beginning and nice bass work by Warsocki. The bass lines are barely audible, though. Instead, we get Sheehan's vocals in a monotone Lou Reed-type drone.



I'm not sure what his intent was for this release, but semimysterious odes are not helping sales much. The record is available at Pickles Records & Tapes, 13830 T Plaza. The price is \$3.25.

In other music news, soul singer Jeffrey Osborne is in concert tonight at the Orpheum. Although I am unfamiliar with his music, I was quite impressed with Osborne's album "Stay With Me Tonight." This highly orchestrated funk and blues-tinged-pop record is accented by Osborne's incredible vocal range. His style is reminiscent of Al Jarreau but has the added punch of a fine band.

Another favorite song off the same album is an incredibly hot number called "Two Wrong's Don't Make a Right." Beefing up the sound on the cut is guitarist Brian May from the rock group Queen.

It will be interesting to see who Osborne fills out the stage with on tour. If the album is representative of his stage performance, the show should be excellent.

Joining Osborne is special guest Patrice Rushen. Tickets for the concert, which starts at 8 p.m., are \$10, \$12.50 and \$15. According to Civic Auditorium public relations department, sales are going very well. Tickets are available at the Civic, Brandeis and Tix. The concert is a benefit for the United Negro College Fund.

If art is more your style, and you want an interesting evening, tonight is the perfect night to visit the Joslyn Art Museum.

The Sixth Annual College Night begins at 7:30 p.m. and lasts until 10:30 p.m. The three-hour event includes live jazz, movies, door prizes, free guided tours of the "Danzig" exhibit, refreshments and snacks, (including beer) and celebrity hosts Dave Wingert, Jack Swanda and Jeff Spurgeon of KGOR-FM.

Omaha's own Luigi Waites is the featured entertainer in concert with his unique style of percussion and vibraphone.

The classic Beatles film "Yellow Submarine" will be shown along with the 1959 comedy "The Mouse That Roared," starring Peter Sellers.

Door prizes include Museum memberships, "Bagels-and-Bach" tickets and gift certificates.

Admission is free to students, faculty and staff with a current, valid college ID. The event is co-sponsored by the Joslyn Women's Association and the Joslyn Education Department.

Looking ahead to next week, Tuesday night, Chameleon, a very unusual rock band from Minneapolis will appear at Footloose in Ralston. The five-member group has a string of albums and EP's behind it as well as MTV appearances and strong Twin-Cities support.

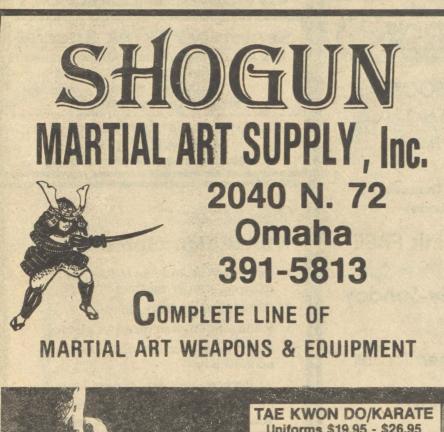
Most of the hoopla is centered around drummer Charlie Adams, who is reported to have the world's first "gyroscopic drum

The massive set is 13-feet-tall at full reach, and weighs more than 700 pounds. It spins Adams over, under, sideways, backwards, up and down while he plays. Soundlike the ultimate gimmick? Adams agrees. "Nightlines," a Twin-Cities Nightbeat column written by Martin Keller, quotes Adams as saying, "We're gonna Barnum-and-Bailey this thing all over the place. Letterman, maybe even Carson will want it on his show. Sure it's a gimmick."

Chameleon's sound may be as big as its drum set, as the new EP "Hologram Sky" will attest.

Vocally, the group reminds me of Styx, and could easily step into that market with or without all the gimmickry. Cover for the Footloose engagement is \$3 and includes one free drink.

—KENNY WILLIAMS





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# Sports

# Mavericks aim to exploit young Bison defense

By ERIC OLSON

The UNO football team will find out if it deserves a high ranking in Division II Saturday when it faces defending national champion North Dakota State.

The Mavericks, 4-0, are tied for third this week with Towson State of Maryland. Central State of Ohio, 4-0, and Troy State, 3-0, are tied for the top spot.

3-0, are tied for the top spot.

North Dakota State, 2-1, was not ranked in the Top 20 but did receive votes. The Bison are picked to win the North Central Conference by the media, while UNO is predicted second.

NDS amassed 512 total yards in pounding Augustana 49-28 last week.Quarterback Jeff Bentrim scored three touchdowns and gained 124 yards on 16 carries. Running back Chad Stark carried 13 times for 111 yards and two touchdowns.

UNO Head Coach Sandy Buda said the Bison are the best offensive team the Mays will face this season.

"They have a fine quarterback in Jeff Bentrim," he said. "He and Randy Naran are the finest quarterbacks in the league — and maybe the best in the Midwest."

The Bison are averaging 36 points per game and have just one turnover in three games. The Mavs have lost no fumbles and have thrown three interceptions this season.

Buda said if the Bison have any weakness, it's on defense. "They're young defensively," he said. "That's where we'll have to take advantage of them."

NDS has allowed an average of 22.8 points a game. Last year, the Mavs dealt NDS its only blemish on a 12-1 record, an 18-10 decision at Caniglia Field. UNO trailed 10-7 'at halftime, but rebounded with a 19-yard touchdown pass from Naran to Bill Gillman, a two-point conversion, and Mark Pettit's 30-yard field goal. The UNO victory snapped a 20-game NCC-winning streak and a 22-game regular-season win string for the Bison.

But NDS won't have as much of a revenge motive Saturday as the Mavs, according to Buda.

"We feel we have some revenge to gain," he said. "We think we should have gone to the playoffs last year."

UNO also went through the conference schedule with one loss (North Dakota) last year and might have received an NCAA Division II playoff bid if the Mavs had not lost to Kearney State in the second game of the season.

Buda said UNO's main reason for wanting to beat NDS isn't revenge. Rather, it is to win the league. "The incentive we've got is winning the conference championship," he said. "Gimmicks don't win football games. Blocking and tackling is what I think win games."

While the Bison naturally want to beat the third-ranked team in the nation, Buda doesn't know if his team should even be rated

"The young men worked hard to get there," he said. "I wonder if we deserve it based on our first ballgames. But being rated and not quite deserving it is better than being 80th and having to earn it."

The Mavs drubbed Northeast Missouri State 33-0 in the sea-

son opener, defeated Kearney State and South Dakota by small margins, and beat Morningside 27-7 last Saturday.

Buda said a ranking would be more justified once the Mavs improve their running game. "We have to concentrate on it," he said. "We have to make the players realize we are a good rushing team, practice it, and execute it in games."

In their victory over Morningside, the Mavs rushed for just six yards in the first half. "We went into the locker room at half time and decided we weren't going to pass the ball one more time in the second half," Buda said. "And we rushed for 100 yards in the second half."

The passing game is a strength, according to Buda. Senior quarterback Randy Naran completed 13 passes for 242 yards and two touchdowns against the Chieftains.

Naran's main target was sophomore Terry Allen. The sophomore from Rochester, Mich., caught six passes for 137 yards and was named offensive player of the week.

Mark Murphy was named defensive player of the week.

The only injury from the Morningside game was Mark Gurley's sprained ankle. The junior fullback is questionable for Saturday's game.

Buda said the game against NDS is a key in the conference race. NDS has one conference loss, a 28-21 upset by Mankato State

"They have their backs up against the wall," Buda said. "They know they have to win this game to stay in the conference picture."

# Classifieds

Classified Ad Policy; \$2.50 minimum on commercial ads. \$1.50 minimum for UNO students, student organizations, faculty or staff on non-commercial ads. Prepayment required except for University departments billed at commercial rate. Deadlines: 1 p.m. Friday for Wednesday's issue; 1 p.m. Monday for Friday's issue.

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# College and pro football picks... by Eric Lindwall

Last week, Eric was 19-7-1 on college games and 10-4 on pro for 72 percent average. For the season, his average is 70 percent.

In recent years, the drug problem in the NFL has received considerable media and public attention. The situation is actually no more severe today than it was 10 years ago.

Indeed, for every Chuck Muncie in the NFL, there are countless others in our society with the same problem; however, these cases usually don't make headlines and are never as sensationalized as those of America's sports heroes.

The latest word on Muncie, again the property of the Chargers, is that he is undergoing treatment in Scottsdale, AZ., after having been caught in Miami with two different drugs in his urine samples.

He probably figured that staying in Arizona was a better alternative than going back to San Diego and trying to hold it for the rest of the year.

College

Notre Dame at Missouri — (Last week) Notre Dame beat Colorado 55-14, while Missouri edged Mississippi St. 47-30.

The Tigers, however, have two intangible things going for them in this matchup: the home-field advantage and an even greater coaching advantage over Notre Dame's Gerry Faust, a man yet to prove himself at the college level. Missouri 31-24.

Penn St. at Texas — Each team is undefeated, but the Longhorns have had two weeks to prepare for Joe Paterno and his Nittany Lions. Meanwhile, Penn St. beat an overrated Iowa team 20-17 then followed with a 56-18 blowout of powerhouse William & Mary last Saturday. Texas must be given the edge in this game on the basis of its 35-27 opening-day victory over Auburn. Texas, 35-17.

Clemson at Georgia Tech — In a stunning upset, Georgia beat Clemson 26-23 last Saturday with the help of a 60-yard field goal in the final 11 seconds of the game.

The kick by Georgia's Kevin Butler was no fluke though. He kicked one of 70 yards in practice before the game. I guess that's why they call it football. This week, Clemson bounces back 24-16.

Other college games this week include: Illinois 24, Iowa 21; North Carolina 28, Kansas 14; Oklahoma St. 24, Tulsa 10; UCLA 27, Colorado 7; Oklahoma 35, Kansas St. 14; Ohio St. 32, Minnesota 9; Michigan 28, Indiana 10; Wisconsin 27, Northwestern 14; Auburn 28, Tennessee 10; Maryland 24, Wake Forest 16; Florida 33, Mississippi St. 13; Pittsburgh 24, West Virginia 16; Alabama 24, Vanderbilt 21; USC 30, LSU 21; Mississippi 27, Tulane 14; Arizona St. 28, Stanford 24; Georgia 21, South Carolina 17; Florida St. 35, Temple 7; Houston 28, Louisville 10; Miami 31, Rice 7; Arkansas 28, Navy 6; SMU 24, TCU 13; Nebraska 42, Syracuse 10; and UNO 21, North Dakota St.

Philadelphia at Washington — The Redskins returned to their old form last Sunday with a 26-10 victory over the Patriots, while the Eagles dropped to 1-3 with a 21-9 loss to San Fran-

Philadelphia managed to score only three field goals Sunday, Washington has a good passing attack and a solid running game in John Riggins, who ran for 140 yards last week. Washington,

New Orleans at Houston — The Saints sacked St. Louis' Neil Lomax five times last week in a 34-24 victory.

This spells trouble for Houston quarterback Warren Moon and his 0-4 Oilers.

Houston's running game has been steadily declining and may have hit rock bottom this season. Earl Campbell had only 49 yards in 17 carries last Sunday.

Houston remains winless. New Orleans, 28-13.

Miami at St. Louis — The Dolphins look good this year on both sides of the line. The defense has allowed only 48 points this season and leads the league.

Meanwhile, the Dolphin offense has been chewing up opposing defenses mercilessly, largely due to Dan Marino's passing attack.

The Cardinals are improved but no match for Don Shula's team. Miami, 24-10.

Other NFL games this weekend: New England 24, N.Y. Jets 21; Kansas City 21, Cleveland 17; Dallas 28, Chicago 21; Seattle 27, Minnesota 17; Buffalo 24, Indianapolis 16; San Diego 31, Detroit 21; San Francisco 27, Atlanta 14; Green Bay 24, Tampa Bay 21; L.A. Rams 28, N.Y. Giants 21; Pittsburgh 28, Cincinnati 21; and this week's upset special, Denver 27, L.A. Raiders 24.







FRIDAY, SEPTEMBER 28TH

# Women lift weights for increased strength and fitness

By JOANNE MENTER

Your grandmother wouldn't regard weightlifting as a woman's sport. But in her youth, she lifted 20 pounds of wet laundry with a stick to manually agitate it in a tub of scalding water. She canned eight quarts of fruit in a large water-filled vat that she hauled from the pump to the stove. Grandmother may not have recognized it, but she was a weight lifter.

Women have many reasons for using weightlifting as part of a regular exercise program. Lin Smith, sociology department faculty member, participates in the UNO Faculty/Staff Fitness Program. "I used to teach dancing," said Smith, who uses weight training together with aerobic activity for an "alternative program to get back into real good shape.

For Sandra Finley, weight lifting goes hand in hand with sports training. Finley said she lifts weights twice a week. "I do lots of reps, low weight, just to keep tone," she said. "I think more women are interested in that." She added that weight training keeps a good balance in both upper and lower body, which is

According to Sid Gonsoulin, coordinator of Campus Recreation, 45 percent of the Health, Physical Education and Recreation Building (HPER) users are women. He said he sees this as a local trend in fitness awareness, especially among women.

'We have actually run out of women's lockers from time to time," Gonsoulin said. In 1980 and 1981, the weight room was reserved each week for a "women-only" night.

Prior to this, Gonsoulin said about 10 percent of weight-room users were women. It has since increased to 40 percent, with the most popular hour being from 5 to 6 p.m. The four women's weight-training classes have been filled the past three or four semesters and some students have been turned away, Gonsoulin

Weight training is the most efficient means of becoming stronger according to Rick Latin, assistant professor of HPER. Latin, who holds a doctorate in exercise physiology, outlined three points for maintaining fitness throughout life: aerobic activities, strength development and flexibility.

Being able to bench press your own weight and straining over 100-plus pounds are not key elements in strength development, he said. He added. "95 percent of the population doesn't need to work to the level of intensity where they're grunting and groaning, biting their lip." This can raise blood pressure, cause fainting and promote poor use of body mechanics, according to Latin. Weightlifting is anaerobic activity, which means it doesn't exercise the cardiovascular system, he said. "You can't gain the kind of muscular strength people want with aerobic activity," Latin said. "People see something very appreciable in results from weight training.'

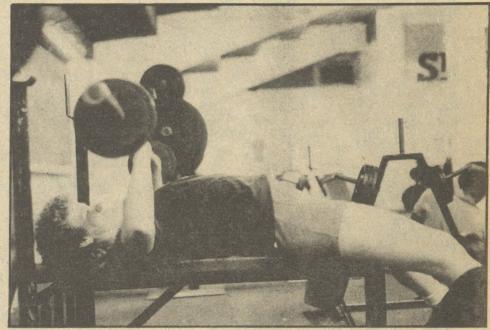
He added that proper lifting technique and the number of sets and repetitions are important in developing a weight program. Asking for advice in

the weight room may not help. It is important that the program be "tailored to your individual goals," Latin said.

What about bulging, sharply defined muscles? Will a woman look like Charles Atlas if she lifts heavy weights?

Weightlifting doesn't have this effect on female physiology, Latin said. "Women have a very limited amount of the male hormone testosterone, which is directly related to muscle mass."

There are a lot of women who train and look good," according to Sue Pitzl. Pitzl once trained for bodybuilding com-



Bench Pressing . . . Sophomore basketball player Mary McCauley lifts during pre-season traning in the Maverick Muscle Room.

petitions, but now participates as a judge, and uses bodybuilding for personal satisfaction. She said competition is not realistic because of the use of steroids among women. "Ninty-eight percent of the women in upper level competition are probably taking steroids," Pitzl said.

"The number one indicator (of steroid use) is how fast (bodybuilders) can achieve a new look," she said. Pitzl said the International Federation of Bodybuilding has now changed its criteria from size to a more feminine look.

## Harriers hit the road again

By MIKE JONES

The UNO cross-country squads will be on the road again this weekend as the men and women travel to Seward, Neb. for the Concor-

According to men's Coach Don Patton, the Mavs will compete against the largest field this season, with more than 10 teams slated to com-

Last year, the Mavericks won this meet, but they field a different team this year.

Kelly Crawford, a junior, and Doug Mascher, a sophomore, have led the men every meet this

"The other kids really need to pick up the slack. Our fourth through seventh runners need to move up," Patton said.

In assessing his top two runners, Patton had nothing but praise. "Kelly Crawford ran possibly one of the fastest 10K's on a flat course ever at this school," he said.

Patton added that Doug Mascher could possibly be the best runner out of last year's fresh-

Patton's praise is not without criticism, however. He had looked for Byron Murrell to fill some of the space vacated by last year's mem-

'Byron has work obligations and his knee has been bothering him," he said. "If they, (the rest of the team) were where they should be, we would be contending for a conference championship," Patton said.

The team has a month before the regional meet in Vermillion, Patton said. However, he added, members need to develop running as a

Coach Bob Condon said Concordia will also be the largest field for his team.

The Lady Mavs were in action last weekend at Oxford, Ohio against Miami of Ohio where they fell 33-24.

Condon said his team ran well, but added it was a little flat from its 1:30 a.m. arrival in Miami. The team lost four hours of rest when its van broke down.

'We want to pack our first five runners together within one minute," Condon said.

Last weekend, veteran Cheryl Fonley was 13th in her first meet of the season.

'We need Cheryl," Condon said, "and I expect her to move up through the team.'





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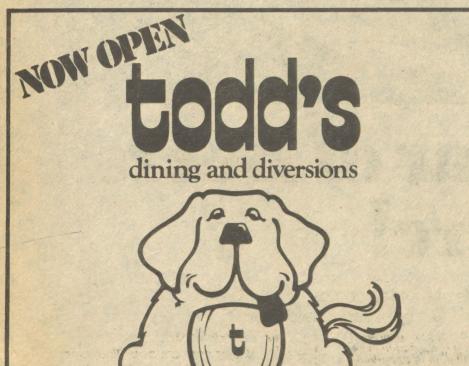
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